

You don't
need to use
a stamp
but doing
so helps save
our funds

FREEPOST RRZK-SHUX-SBCK
NHS Blood and Transplant
Fox Den Road
Stoke Gifford
Bristol
BS34 8RR

Did you
know...

Age...

...is not always a barrier. More people are becoming donors in their 80s!

Medical care

Health professionals have a duty of care to try to save life first. If, despite all their efforts the patient dies, their wish to be an organ donor may then be fulfilled.

Illness

Having an illness or long-term condition doesn't prevent you from registering as a donor.

Blood donation

Even if you don't or can't give blood, you can still be a potential organ donor.

Religion

All the major religions of the UK support the principles of organ donation and transplantation. However, within each religion there are different schools of thought which means that views may differ. All the major religions accept that organ donation is an individual choice, but consult your religious adviser or request one of our faith leaflets if you need more information.



82%

of the population definitely want to donate, or would consider donating, their organs – but only **50%** have talked about it with their families

Only

31%



of families would agree to donation going ahead if they are unaware of their loved one's decisions

On
average

3 people a
day die...



...in need of a transplant because there are not enough organs available

ONE YEAR



On average, patients from the Black, Asian and Minority Ethnic communities will wait a year longer for a kidney transplant than a white patient

NHS
Blood and Transplant

Shared your
organ donation
decision yet?



To find out more about organ donation,
visit organdonation.nhs.uk

Join the Register, share your decision, save lives

OLC256P

 Give life
Sign up

Share your donation decision and save lives

It feels good to be able to say **'I have'** so please share your donation decision with your family and friends.

If you die in circumstances where donation is possible, your next of kin could be asked to support your decision to be a donor. Letting them know what you've decided now makes it much easier for them.

So, if you want to make a real difference by being an organ donor after your death, there are two important steps to take:

- join the NHS Organ Donor Register
- and talk about your donation decision with family and friends

It's unfair to leave your family with the burden of deciding whether or not to donate your organs. So tell them your decision – let them know you want to be an organ donor.

Join the NHS Organ Donor Register

The NHS Organ Donor Register is a confidential and secure database which records the wishes of everyone who has decided to donate organs after they die. It's also the database which medical staff will consult to see if a person has decided to be a donor.

How do I become a donor?

 Online – it takes just a few minutes to register at [organdonation.nhs.uk](https://www.organdonation.nhs.uk)

 By phone – call **0300 123 23 23**

 By post – fill in the attached form and return it

It's your choice

You can choose to donate some or all of your organs – the choice is yours – and you can change your mind at any time.

And don't forget to tell your family about your decision. It's a conversation that could help save lives.

Donation makes a difference

By donating your organs after you die, you will help save and transform the lives of desperately ill people.

Every donor is precious. Fewer than 5,000 people each year in the UK die in circumstances where they can become a donor. And if their families say no to donation, someone waiting for a transplant misses out.

And remember, one day it could be someone you know or love – or even you – in need of a transplant.

The situation is even more pressing for those from Black, Asian and some Minority Ethnic (BAME) communities. They are more likely to need an organ transplant than the rest of the population as they are more susceptible to illnesses such as hypertension, diabetes and certain forms of hepatitis, all of which may result in organ failure.

TEAR AND MOISTEN EDGE OPPOSITE



Please register my details on the NHS Organ Donor Register

Please complete in CAPITAL LETTERS using a black ballpoint pen.
*Indicates that a field must be completed.

My name and address

Surname*
Forename(s)*
Date of birth* / / Male ☐ Female ☐
Address*

Postcode*
Telephone
Mobile
Email

My wishes

I want to donate: (Please tick the boxes that apply)
A. any of my organs and tissue ☐ **or**
B. my kidneys ☐ heart ☐ liver ☐ small bowel ☐
 eyes ☐ lungs ☐ pancreas ☐ tissue ☐
for transplantation after my death.

Signature
Date
Please tick here if you would like to receive future information about blood, organ and tissue donation from NHS Blood and Transplant. ☐

My ethnic origin

There's a better chance of getting a closer match and a successful transplant if the donor and recipient are from the same ethnic group. Please tick the ethnic group which best describes you.

White: British ☐ Irish ☐ Other ☐
Mixed: White/Black Caribbean ☐ White/Asian ☐
White/Black African ☐ Other ☐
Asian or Asian British: Indian ☐ Pakistani ☐
Bangladeshi ☐ Other ☐
Black or Black British: Caribbean ☐ African ☐ Other ☐
Other ethnic categories: Chinese ☐ Other ☐
Not stated: ☐

Data Protection Assurance. Completion of this form is for the purpose of recording your wishes to become an organ donor. All information provided to NHS Blood and Transplant is used in accordance with the Data Protection Act 1998. Your data may be handled on our behalf in a country not normally covered by EU Data Protection law. If so, we will ensure that the data will be protected by the EU requirements. More information on how we look after your personal details can be found at www.nhsbt.nhs.uk or by calling 0300 123 23 23.

If you wish to amend or withdraw your record from the NHS Organ Donor Register you can do so by calling the Organ Donor Line on 0300 123 23 23, visiting [organdonation.nhs.uk](https://www.organdonation.nhs.uk) or writing to us at the address overleaf.